



The Battle of the Mind

This is a War Against Sin in the Mind

- It's common to blame all that's bad on somebody else, or on some other circumstance external to yourself. This is covering your sin. (Hebrews 3:13 ; 2 Peter 2:16)
- The problem is inside of you. **Sin is a matter of the heart.**
- Lust of the eyes, flesh, & pride of life, are the **Sins of the mind** and take over the mind, emotion, affection, and will, and eventually manifests itself through actions.
- **Sinful behavior starts in the MIND (heart)**-begins with Temptation.
- Sanctification, separation from sin, is a work in your thought life.
- Sin is very deceptive and makes us think we don't have it by trusting in our own righteousness. **This is the downfall of losing the battle of the mind.**
- **The Battle of the Mind is the Battle Against Sin!!**

The Bible Urges us to Think!

- 1 Peter 1:13 “Therefore **gird up the loins of your mind**”
- Isaiah 1:18 “¹⁸ Come now, and **let us reason together, saith the LORD...**”
- **The greatest issue in the world today is the battle for the minds of people.**
 - Evil forces today are currently brainwashing the entire world with new ideological thoughts and doctrine.
 - We have seen the power of brainwashing in WW2 and many other times in history.
 - Minds can be coerced by many ways – by force, subliminal advertising, propaganda, drugs, becoming slaves of the “experts” instead of thinking ourselves, etc.
- The only source of Right Thinking is the Bible. Anything that is contrary to the Word is a lie and will result in wrong thinking.

The Importance of the Mind

Proverbs 4:23

- “**Guard** your **heart (mind)** with all diligence, For out of it *spring* the issues of life.”

We must be diligent in what we allow our minds to receive (TV, books, games, conversations, etc.)

Proverbs 23:7

- “**For as he thinks in his heart, so is he.**”

Your thoughts will determine your character

Isaiah 26: 3

- “You will keep *him* in perfect peace, whose **mind** is stayed on You, Because he **trusts in You.**”

We must keep our mind focused on **TRUSTING Jesus** and the Word.

The Importance of the Mind

- **2 Corinthians 11:3** “³ But I fear, lest somehow, as the serpent deceived Eve by his craftiness, so your **minds** may be corrupted from the simplicity that is in Christ.”

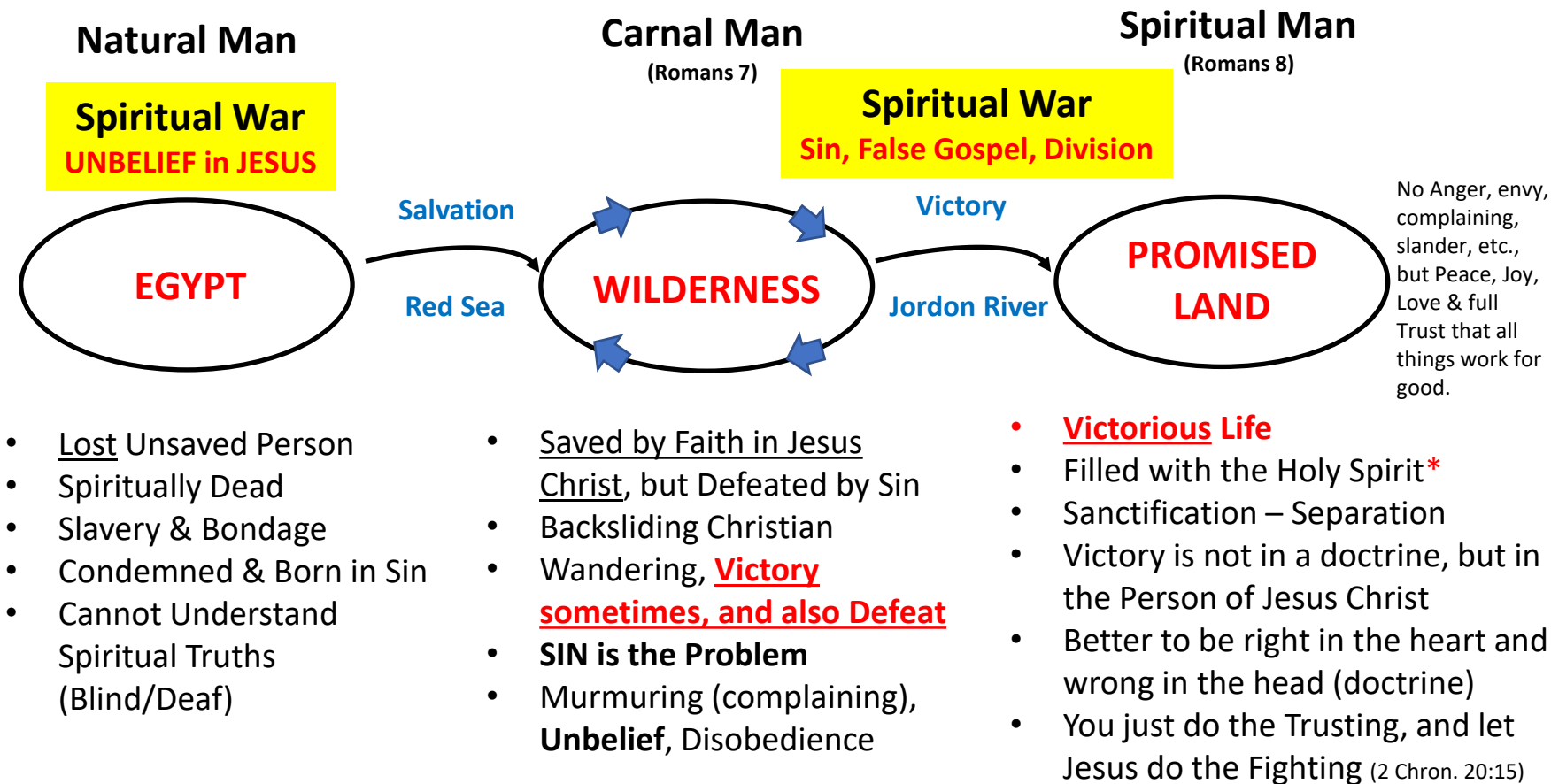
Satan tries to **corrupt** you mind (with false doctrine, error, lies)

- **2 Corinthians 4:3-4** “³ But even if our gospel is veiled, it is veiled to those who are perishing, ⁴ whose **minds** the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them.”

Satan **blinds** the minds of unbelievers

The Spiritual Journey

Your **Thought Life** will reflect where you are Living



*** Requirements to be Filled with the Holy Spirit – to receive POWER over SIN & in SERVICE**

1. Confession & Renunciation of Sin (daily)
2. Obedience & Dedication (Bible, Prayer, Forgiveness, etc.)
3. Surrender (time, \$, self – “Deny Yourself”)
4. FAITH – TRUST IN JESUS like a child, Don’t Fear, just Believe

Natural, Carnal & Spiritual Man

- **Romans 8:5-11** – For those who live according to the flesh set their minds on the things of the flesh, but those *who live* according to the Spirit, the things of the Spirit. ⁶ For to be **carnally minded** is death, but to be **spiritually minded** is life and peace. ⁷ Because the carnal mind *is* enmity against God
 - **Mind = Your thought life** - a person's basic orientation, affections & reasoning.
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• Natural Man

- Unsaved person, spiritually dead, mind is set on things of the world, selfish thoughts & desires, insensitive and **unable to understand the things of God**. **This person has no Conviction of Sin and no desire to repent.**

• Carnal Man

- Saved but sinning Christian living in the wilderness (**inward sins of the mind are the main problem**). The marks of a carnal man are **Envy, Strife & Division**. The Bible is a closed book or a book for intellectual pleasure only. A carnal man is useless to God. This person needs to confess & repent of their sin and nail that carnal sinner to the Cross (daily if necessary!)

• Spirit Filled

- Person is concerned about Godly things and deep longings for Holy Living to please God. **Discernment** is a main characteristic, the ability to know right from wrong. Even if they can't meet and combat apostasy and error, it's can be recognizable so they can at least avoid it and be protected.

The War is Against Thoughts

The Battle is for Truth

- **2 Corinthians 10:3-6** “³ For though we walk in the flesh, we do not war according to the flesh.
- ⁴ For the weapons of our warfare are not carnal but mighty in God for pulling down **strongholds**, ⁵ casting down **arguments** and every high thing that exalts itself against the knowledge of God, **bringing every thought into captivity to the obedience of Christ,**

The Spiritual Armour weapons are used against **THOUGHTS!**

Spiritual Strongholds are lies or false beliefs (THOUGHTS) from Satan. Sin is what creates Strongholds.

The only way to defeat falsehoods is by the “**Sword of the Spirit**” or the Truth of God’s Word. [John 17:17](#)

Any thought that is contrary to God’s Word must be taken captive

Strongholds = INCORRECT THINKING

- Literally speaking a Stronghold is a reference to a fortress to defend cities from invading armies.
- Satan establishes wrong ways of thinking in our minds and they become strongholds and keep us captive in sin. (i.e. Evolution; Philosophy; Feminism; Emotional damage from upbringing or relationships that create lies we believe).
- This state of mind, in particular, **takes the form of an argument, a false logic or speculation (that is contrary to the Word of God)**
- **When we sin, we give Satan an opportunity (Eph. 4:27) to build a stronghold in our minds.** It may be that we rationalize the sin and as a result feel no need to confess it.
- To destroy strongholds, we must first identify them and then replace the lies with the truth of the Bible.

Common Roots of Spiritual Strongholds

1. Sin

- If we don't acknowledge and confess our sin daily and ask for (1 John 1:9; Prov. 28:13) we break our fellowship with God and the Devil has an opportunity to establish a stronghold in unexposed sin in our lives.

2. Lies

- These are lies about God, about yourself and lies about how God sees you.

3. Occult

- Engaging in the occult is an invitation for evil spirits to establish strongholds in your mind.

4. Un-forgiveness

- When we harbor bitterness against others the devil takes advantage by keeping us in bondage.
- We forgive because Jesus Christ forgave us for an even greater sin against God. Secondly, we forgive because it sets us free from bondage produced by bitterness.

The Christian Life is Warfare

1 Timothy 1:18 - ¹⁸ This charge I commit to you, son Timothy, according to the prophecies previously made concerning you, that by them you may **wage the good warfare**,

2 Timothy 2:3 - ³ You therefore must endure hardship as a good **soldier of Jesus Christ**.

2 Timothy 2:4 - ⁴ No one engaged in **warfare** entangles himself with the affairs of *this* life, that he may please him who enlisted him as a **soldier**.

2 Timothy 4:7 - ⁷ **I have fought the good fight**, I have finished the race, I have kept the faith.

Ephesians 6:11-12 ¹¹ Put on the **whole armor of God**, that you may be able to stand against the wiles of the devil. ¹² For we do not **wrestle** against flesh and blood

Jesus Teaches on Sin & the Mind

- **Mark 7:14-23**

- **15 There is nothing that enters a man from outside which can defile him; but the things which come out of him, those are the things that defile a man.** ¹⁶ If anyone has ears to hear, let him hear!" ...

- ²⁰ And He said, "**What comes out of a man, that defiles a man.** ²¹ For from within, out of the heart of men, proceed evil **thoughts**, adulteries, fornications, murders, ²² thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. ²³ All these evil things come from within and defile a man."

It is the "HEART" or the inner thought life (motives) that makes people unclean and is the source of sin.

This list of **Sins begins with EVIL THOUGHTS**, and implies that this first item leads to all the other specific sins. Combines Actions & Attitudes.

Summary of the Situation

1. We are in a war against Satan and Sin
 2. The Mind (or heart) is the Battlefield
 3. Satan tries to set up “strongholds” or incorrect ways of thinking in our minds.
 4. He does it though deliberate and crafty deceit and deception.
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- Example – You may be saved, pray and get Christian counsel for problems, but if you don’t recognize “strongholds” or pre-set ways of thinking which are contrary to scripture, you will remain in bondage (or living in the Wilderness).
- For every negative thought, confess it as sinful, and go to scripture and correct it.

Beware of Wrong Thinking

- Don't think you cannot be fooled by Satan into wrong thinking.
- Even Peter in the height of his spiritual mountain top was rebuked by Jesus for this very thing.

Matthew 16:23

But He turned and said to Peter, “**Get behind Me, Satan!** You are an offense to Me, for **you are not mindful of the things of God**, but the things of men.”

How You Win the Battle...The Word

The Truth Shall Make You Free – John 8:31-32

- 31 ... “If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free.”

The Principle of Measure – Mark 4:24-25

- 24 ... “Take heed what you hear. With the same measure you use (of thought and study of the Word), it will be measured to you; and to you who hear, more will be given. 25 For whoever has, to him more will be given; but whoever does not have, even what he has will be taken away from him.”

How to Use the Word as a Weapon

- **Pray** – using the Word
- **Praise God** – using the Word
- **Meditate on the Word** – read the Word everyday
- **Speak the Word** - to rebuke the Devil like Jesus did in the Wilderness

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- **We need spiritual weapons to fight Satan and break strongholds. We need to know and trust the truth contained in the Bible to be set free from sinful thinking and defeat Satan.**

Society's Solution to Wrong Thinking

- **Counselling**
- **Prescription Drugs**
- **Institutional**

Proverbs 4:23

“**Guard** your **heart (mind)**
with all diligence, For out of
it *spring* the issues of life.”

Satan, Pharmaceuticals & the State of Society

- The characteristics of the demoniac of Mark 5 is remarkably similar to drug addicts.
- The Bible indicates there is a relationship to sorcery, witchcraft and **MIND ALTERING** drugs.
- Drugs, Alcohol, sex and pornography obsession all have the ability to change the neural pathways in the brain (Neuroplasticity), thereby weakening one's ability to use their mind for spiritual warfare (i.e. capturing thoughts, renewing their mind, etc.).
- Mental illness, cutting, suicide, depression/isolation, extreme violence rates in society are increasing rapidly.
- **Rev. 18:23 & Gal. 5:19** contain the Greek word "**Pharmakeia**" meaning: sorcery, witchcraft, magic, potions, often involving medication and drugs.
- **Rev. 22:15** contains the Greek word "Pharmakeus" meaning: sorcerer, magician, pharmacist.
- The pharmacy industry is named after this Greek word Pharmakeia and in there are currently over **50%** of the population are on some form of Antidepressant or Opioid (mind altering drugs).
- **Vaccines now use "a radically new approach" using unethical ingredients** such as aborted fetal tissues and animal cells that contain introduce foreign DNA into patients. (see link)
 - <https://www.cdc.gov/nchs/data/databriefs/db283.pdf> - **12.7% of people over 12 take Anti-Depressants**
 - <https://www.cbsnews.com/news/more-than-one-third-americans-prescribed-opioids-in-2015/> - **38% of the Population took a prescribed Opioid in 2015!**
 - <https://www.pharmaceutical-journal.com/news-and-analysis/news/antidepressants-associated-with-increased-risk-of-suicidal-thoughts-in-healthy-adults/20201834.article?firstPass=false>
 - <https://nationalpost.com/health/canadian-children-now-take-far-more-mood-altering-drugs> (253 antipsychotic prescriptions per 1,000 kids § 18)
 - <https://www.who.int/biologicals/areas/vaccines/dna/en/> - **Vaccines as described on WHO Website**

Solution

- **Philippians 4:8-9** “⁸ Finally, brethren, **whatever things are true**, whatever things *are noble*, whatever things *are just*, whatever things *are pure*, whatever things *are lovely*, whatever things *are of good report*, if *there is any virtue* and if *there is anything praiseworthy*—**meditate on these things**.
- **Romans 12:2**- ² And do not be conformed to this world, but **be transformed by the renewing of your mind**, that you may prove what *is* that good and acceptable and perfect will of God.
- **Proverbs 3:5** “**Trust in the LORD with all your heart, And lean not on your own understanding;**

Romans 7 – The Battle Within



*“If we have gained a true understanding of this Epistle,
we have an open door to all the most profound treasures of Scripture.”*

John Calvin, on the Book of Romans

Romans 7 – The Battle Within

- ¹⁴ For we know that the law is spiritual, but I am carnal, sold under sin.
- ¹⁵ For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do.
- ¹⁷ But now, *it is* no longer I who do it, but sin that dwells in me. ¹⁸ For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but *how* to perform what is good I do not find. ¹⁹ For the good that I will *to do*, I do not do; but the evil I will not *to do*, that I practice. ²⁰ Now if I do what I will not *to do*, it is no longer I who do it, but sin that dwells in me.
- ²¹ I find then a law, that evil is present with me, the one who wills to do good.
- ²² For I delight in the law of God according to the inward man.
- ²³ But I see another law in my members, **WARRING** against the law of my mind, and bringing me into captivity to the law of sin which is in my members.
- ²⁴ O wretched man that I am! Who will deliver me from this body of death?
- ²⁵ I thank God—through Jesus Christ our Lord!
- So then, with the mind I myself serve the law of God, but with the flesh the law of sin.²¹

Romans 7 Overview

The Conflict

- **We are a product of 2 births (Adam & Christ), the two natures are at war.** We are both perfect in the eternal realm, and in a body of death in the natural realm (v24)
- **The problem is we forget our identity, that we are a New Righteous Creation “in Christ” in the eternal realm,** and when our natural body is tempted to sin, we hate it and it bothers us. This agonizing conflict is evidence that you are saved. This is part of the process of **Sanctification.**

Video

- https://www.youtube.com/watch?v=fryDISrD_Wg

Romans 7 Overview

The New Relationships of a Christian

1. To the Law

- Up to the Cross, the Law was in full effect, however, Paul now explains a different perspective on the law, **in light of our union with Christ explained in Chapter 6** (where we died with Christ in the Eternal realm and are now imputed righteous). Therefore **we died to the Law when Christ died for our sin as our substitute. (died to Law's condemnation, not it's requirements)**

2. With Christ

- Your identity is – **“in Christ”** – Christ is living in you! FACT
- Commands under the law which we could not meet, become promises under the New covenant – Christ promised to fulfil them through you

3. Purpose in Life is to Bear Fruit

- Living under the Law is just imitating what a Christian life should be, like tinsel on a tree, and it will be a life of defeat and feeling of condemnation.
- Vine and branches – fruit that flows out of our life is the fruit of the Spirit in our character (Love, joy, peace, kindness, etc.) and serving God and other people.

The Struggle with Indwelling Sin

- **Rom 7:14** “¹⁴ For we know that the law is spiritual, but I am carnal, sold under sin.”
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- Salvation by grace does not replace or devalue the Law. – **We are free from being condemned by it, but it is still our standard to measure behaviour against the character of God.**
 - **Carnal** – means “of the flesh”, not “in the flesh” – mortal in Earthly Realm
 - Even Paul possessed a remnant of sinfulness of the flesh, and that his “members” or fleshly body is a “prisoner to law of sin” v. 23
 - **The Christian, like Paul, hates his sin** because it is in conflict with his new nature. A true Christian must have a desire not to sin, and hate sin when they do, and seek forgiveness through confession to God.
 - Others who struggled with sin: **Ps. 51:1-5**; 1 John 1:8-10; **Isaiah 6:5**
 - The fact that even a Christian’s best acts are often tainted by egotism is proof that the struggle is lifelong and in every believer.

Romans 7:15

The Struggle with Indwelling Sin

- **Rom 7:15** “¹⁵ For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do.”
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- The proof that sin was still in him (carnal) was the reality that he was still doing the things he didn't want to do.
 - “understand” translated does not mean he didn't understand the facts, but it is used in relation to knowledge concerning a special relationship, like husband or wife or between God and His people.
 - Paul found himself doing things that he did not approve of in relation to God.
 - Profound kind of inner turmoil – he sincerely desired in his heart to fulfil the Law, but realizing he was unable to measure up to it's perfect standards.
 - Not his conscience bothering him, but the inner, new creation indwelt by the Spirit that was GRIEVED by the sin.
 - The spirit of a humble, broken heart and sorrow for sin is the mark of Spiritual maturity in the Christian life.

The Struggle with Indwelling Sin

- **Rom 7:16-17** “¹⁶ If, then, I do what I will not to do, I agree with the law that *it is good*. ¹⁷ But now, *it is* no longer I who do it, but sin that dwells in me.”
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- “**No Longer I who do it**” – this is a **new “I” in-Christ** who lives in him and no longer approves of the sin.
 - Paul recognizes the source of our failure to live up to God’s standards and our own inner desires – **SIN in me**.
 - He is not implying that it is not his personal responsibility or that he has two natures or personalities. There is only one saved person, but after salvation, while sin is no longer the Master of your inner self (it’s no longer in the clay cup – earthen vessel that now contains the Holy Spirit), it still resides in the flesh.
 - A Christian must take responsibility for sin and confess it regularly so it can be forgiven and cleansed. (1 John 1:8-10)
 - To say you have no sin is to make God a liar and proves His Word is not in you²⁷

Romans 7:18-20

The Struggle with Indwelling Sin

- **Rom 7:18-20** “¹⁸ For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but *how* to perform what is good I do not find. ¹⁹ For the good that I will *to do*, I do not do; but the evil I will not *to do*, that I practice. ²⁰ Now if I do what I will not *to do*, it is no longer I who do it, but sin that dwells in me.”
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- V. 18 - Paul specifically clarifies the **source of this struggle is only in the “flesh”**, where nothing good dwells (not in the Spirit)
 - V.19 – The good that he wishes to do, he does not do. This means he is incapable of fulfilling God’s Law. He goes further to say that the evil he doesn’t want to do, he does. **This great inner struggle with sin is the mark of a mature believer who hates sin and loves righteousness (David in Psalms 32, 38, 51)**
 - V.20 – no longer I, but sin that dwells within me. This repeats v. 16-17 – the **“no longer” refers to the time before Paul’s conversion**. Before salvation it was the inner “I” (sinful nature) who sinned and agreed with the sin. An unsaved person cannot say that he is not doing it since he has no spiritual sense.

The Struggle with Indwelling Sin

- **Rom 7:21-23** “²¹I find then a law, that evil is present with me, the one who wills to do good. ²²For I delight in the law of God according to the inward man. ²³But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.”

- V. 21 – Evil in a believer’s life is so universal, Paul calls it a “**LAW**” or a SPIRITUAL PRINCIPLE. **The Law of Sin.**
- **Paul’s first proof that sin is no longer master is that he “delights in the Law” in the “inward man”. The inner man hungers for righteousness.**
- **Paul’s second proof that sin is no longer master is that there is a WAR WAGING against the law of his mind (his redeemed inner man) (2 Cor. 10:3-4)**
- Tragically, he says that sometimes the law of sin undermines the law of his new nature and it temporarily makes prisoner to sin in his members.
- Note for Keeners: Romans 7 parallels Psalm 119 in striking similarities.; see also Gen 4:7

Romans 7:24-25The Struggle with Indwelling Sin

- **Rom 7:24-25** “²⁴ O wretched man that I am! Who will deliver me from this body of death? ²⁵ I thank God—through Jesus Christ our Lord! So then, with the mind I myself serve the law of God, but with the flesh the law of sin.”
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- V. 21 – most intense lament describing himself in such negative terms
 - **It seems that people perceive themselves to be sinners in direct proportion as they discover the holiness of God and His Law.**
 - Ps. 38:14; Ps. 130:1-5
 - “who will set me free” – He answers the question – Christ
 - “body of death” – again significantly specifying that it is only a believer’s fleshly body that remains subject to sin and physical death, in the eternal realm they are righteous.
 - Paul ends this incredibly profound chapter, with the principle of the ongoing conflict with sin that torments all believers.

Romans 7:14-25

Why a Believer Must Hate & Confess Indwelling Sin

1. It grieves the Holy Spirit (**Eph. 4:30**)
2. It dishonors God (1 Cor. 6:19-20)
3. Prevents prayers from being answered (**1 Peter 3:12, Ps 66:18**)
4. Results in being spiritually POWERLESS (1 Cor. 9:27)
5. God's blessings are withheld (Jer. 5:25)
6. Robs you of the Joy of Salvation (Helmet) (Ps. 51:12)
7. Inhibits Spiritual Growth (1 Cor. 3:1)
8. Brings chastisement from Lord (Heb. 12:7)
9. Prevents being Fit for Use by the Lord (2 Tim. 2:21)
10. Corrupts Christian Fellowship (1 Cor. 10:21)
11. Prevents Participating in Lord's Supper (1 Cor. 11:28-29)
12. Endangers your Life & Health (1 Cor. 11:30; 1 John 5:16)

Do you Examine Yourself for Unconfessed Sin?

Are you really honest with yourself about what sin is?

If you take these questions lightly or think them unimportant for you, then you are being “proud” (sin), deceived, and the Truth is not in you (1 John 1:8-10)

[2 Cor. 13:5](#); [2 Peter 1:10-11](#); [1 Cor. 11:28](#)

Ask God to search your heart and reveal your sin to you, then think about your need for forgiveness and cleansing in order to get right with God - Then Confess & Repent and nail that Carnal sinner to the Cross

Examples of Sin

• Have we forgiven everyone?	• Do we use foul language or behave inappropriate
• Do we get angry or easily offended?	• Have we given as much as we can to God?
• Is there pride in our heart?	• Are we worldly (like the things of the world, vanity)
• Are we worried or anxious?	• Have we wronged anyone and not made restitution?
• Are we discouraged or discontented?	• Do we ever exaggerate/create false impressions?
• Are there feelings of jealousy?	• Are we guilty of the sin of unbelief
• Do you get impatient and irritated?	• Are we guilty of prayerlessness?
• Do we ever have lustful thoughts?	• Are we neglecting God’s Word?
• Have you been dishonest or stolen?	• Have we failed to confess Jesus Christ openly
• Are we greedy (want more than we need)	• Are we witnessing every chance we have?
• Have you been gossiping about people	• Are we always thankful for all the Lord has given us
• Do we criticize unlovingly or harshly?	• Do we have bitterness towards anyone?

Romans 8:2 – “For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.”

Law of the Spirit of Life = Victory over Sin

- Romans 7 emphasizes the depressing reality that in this present earthly life, no Christian, not even King David or Apostle Paul is exempt from the struggles with sin.
- Justification results in being Baptised “in Christ” spiritually.
- The “**Law of the Spirit of Life**” frees us from death and gives us LIFE (it’s a “law” like the law of faith 3:27 and is a higher law than the Mosaic Law)
- **The Holy Spirit provides deliverance from Sin’s Power and Penalty and the ability to obey God.**
- “sin shall not have dominion over you” Rom. 6:14

What Prevents the Holy Spirit's Power in your Life - **SIN**

- **Psalm 51** – <https://www.youtube.com/watch?v=NCj5FPxQLOA>
- V.11 “And do not take Your Holy Spirit from me.”
- Now (after the Cross) it's not a question of absence or presence, but degree of presence.
- The Holy Spirit is a Person with mind, emotions and will. (not just an influence or power).

The Victorious Life = Sanctification

- What it is Not -

- It is not freedom from temptations (Satan may attack even more)

- What it is

- It is a life of Victory over Sin (Rom. 6:14; Eph. 5:18 “be filled with the Spirit”)
- It is a life-long transformation into Christ likeness (2 Cor. 3:18)

- When Does it Happen

- It should happen at conversion, however, most Christians wander in the wilderness for years, unwilling to fully yield to the Holy Spirit.

- 3 Steps (Walk in the Steps of Abraham Rom. 4:12)

1. **Separation** (from sin and the world) – Man’s part – [Joshua 3:5](#); “Be ye separate” (2 Cor. 6:17)
2. **Dedication** (to be set apart wholly for God, complete Trusting in Jesus & the Word)
3. **Filling of the Holy Spirit** – God will do this part, but not until we do our part – we must **Confess and Renounce all conscious sin, Trust, Surrender, Obey.**

The Victorious Life = Sanctification

- Why am I on the Mountain top one day and in the valley of despair the next? In the Promised Land Today (Rom. 8) and back in the Wilderness tomorrow (Rom. 7)?
- The Victorious Life is a life free from conscious known sin. We are talking about **Inward Sin** (worry, anxiety, unforgiveness, anger, jealousy, thoughts) and your **Besetting sin**
- Not about “sinless perfection” or suppression. We can’t live the Victorious life on our own, no one has ever lived it except Jesus.
- **We need Holy Spirit POWER** –to overcome sin requiring: a life of trusting Jesus, obedience (prayer, bible study, etc.), and surrender, with regular cleansing by confession and repentance when you do fail.

3 Daily Steps to Getting from Romans 7 to Romans 8

- **Identify & Confess your sins** – 1 John 1:7-9 – Put it under the Blood of Christ
- **Trust Christ like a child to be your Victor** to defeat the Strong Man at every temptation you face.
- **Ask God to fill you with the Holy Spirit** to provide you power over sin and power in service.

The Victorious Life = TRUSTING JESUS

- The **simple secret is, Trust Jesus Christ to be your victor**
- Don't rely on your efforts, struggles, and merit, you cannot win on your own or earn it.
- **Stop fighting your own battles, stop looking for “feeling” and emotion; just trust in Jesus.**
- You need to cross the Jordon River and conquer Jericho – 2 Chron. 20:15-19 “**Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the LORD with you.... Be not afraid nor dismayed by reason...for the battle is not yours, but God's.**”

Closing Song: <https://www.youtube.com/watch?v=DSNMQAVe7FE>